

Ready to Join Us?

Whether you're attending a class, joining a special event, participating in a challenge, or training for the first time, we require all participants to complete a waiver before taking part in any Just B Fitness activities.

Completing your waiver only takes a minute and helps ensure a safe and enjoyable experience for everyone.

What You're Agreeing To

By signing this waiver, you acknowledge that:

- Participation in fitness activities involves inherent risks of injury.
- You are voluntarily participating in physical exercise and fitness-related activities.
- You understand and accept responsibility for your own health and well-being during participation.
- You release Just B Fitness, its owners, coaches, staff, contractors, and affiliates from liability for injuries or damages resulting from participation, except where prohibited by law.
- You confirm that you are physically capable of participating or have consulted a healthcare professional if necessary.
- You agree to follow all instructions, safety guidelines, and facility rules provided by Just B Fitness.